



USANA

The Elements of Health



BILLY DEMONG
2010 VANCOUVER GAMES GOLD
AND SILVER MEDALIST AND FIVE-
TIME OLYMPIAN

your health. your life. your way.®



USANA

The Elements of Health



GENIE BOUCHARD
WTA PLAYER, CURRENTLY
RANKED 7TH IN THE WORLD

your health. your life. your way.®

YOU ARE UNLIKE

Anybody Else

Sure, there are certain things everyone has in common. We all want the best for our families, we all yearn for success, and we all share the same basic health needs.

But we all have our differences, too. We all have our own, individual mark we want to leave in life—our own interests, routines, and subtle quirks that truly make each and every one of us...unique.

SO MAKE YOUR MARK.

Embrace what sets you apart from everyone else, not only in your daily life, but in your daily health choices as well. Make a commitment to living a longer, healthier life, and choose the products that are right for you.

Because at USANA, we believe in your right to be an individual, and we are committed to supporting you on your journey to become the healthy person you want to be.

THE ELEMENTS OF HEALTH

Good nutrition is one of the most important aspects of a healthy lifestyle.

But even the best diets can fall short when it comes to delivering all the essential nutrients we need. That's why USANA scientists work tirelessly to research the beneficial compounds in food, herbs, and other natural sources that our bodies need, and formulate them into USANA products. On the following pages, you will see some common sources of many nutrients identified as the elements of good health—the same elements you will find in many of our **Nutritionals**, **Diet and Energy**, and **Sensé™** products—to help you live a long, happy, healthy life.



AUTO ORDER

Your Health—Delivered

SAVE 10% ON ALL YOUR
USANA® PRODUCTS.

AUTO ORDER is an automatic shipment of products conveniently delivered to your home every four weeks. And the best part? With Auto Order, you'll never pay full price again!

USANA.com

AUTO ORDERS RECEIVE 10 PER CENT OFF THE PREFERRED PRICE.



2014 Product Catalogue
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SENSÉ BEAUTIFUL
SCIENCE®

*All prices
are subject to
change.*



PERSONALIZED NUTRITION

Cut from the Mould of Your Lifestyle

You are unique, and you need a personalized health regimen that works just for you. Just as professional athletes and Olympic medalists trust their health to the experts, you too can discover the difference exceptional nutrition and advanced skin care can make in your own health. And USANA's patent-pending **True Health Assessment™** is here to guide you.

THIS NEW APPROACH TO YOUR HEALTH IS FAST, EASY, AND TOTALLY PERSONALIZED! It's the ultimate guide to customizing your nutrition to your needs. It's as easy as 1-2-3!

Log on to truehealthassessment.com, or download the **FREE** app to your iPad by visiting truehealthassessment.com/ipad to get started!

“As a professional athlete,
I need to be mindful
of what I put in my
body, which is why I
partnered with USANA.

Nutrition is very
important to me, and
my game, and USANA is
known for maintaining
a high level of quality
in its products. They’re
the only nutritional
products I trust to keep
me performing my best.”



GENIE BOUCHARD

WTA PLAYER, CURRENTLY
RANKED 7TH IN THE WORLD



THE ESSENTIALS

Your Foundation for Balanced Nutrition

item #102



item #103



The ingredients shown are representative of the vitamins and nutrients found in USANA's award-winning Nutritionals, Diet and Energy, and Sense™ products.

THE NAME SAYS IT ALL

On the most basic, human level, there are certain nutrients everyone needs. While there is no replacement for a healthy diet, the USANA® Essentials™ can help ensure you get the right amounts of all the right nutrients to help you feel your best every day.

item #103

MEGA ANTIOXIDANT

Provides essential vitamins that support good overall health and supplies a wide range of antioxidants to fight cell-damaging oxidative stress.

PREFERRED PRICE: \$41.95

item #102

MULTIMINERAL PLUS

Supplies essential minerals that play many important roles in the body.

PREFERRED PRICE: \$19.45

item #101

ESSENTIALS™

Order Mega Antioxidant and MultiMineral Plus together and save more than 10 per cent!

PREFERRED PRICE: \$53.50

HEALTHPAK™

*Nutrition When & Where
You Need It*

item #100
HEALTHPAK™

Provides a full daily dose of the USANA® Essentials™, as well as Active Calcium Plus™ and USANA's unique AO Booster™ for added antioxidant protection in convenient AM and PM packs.

PREFERRED PRICE: \$138.50

item #100



Morning pack



Evening pack





your health. your life. your way.

CELLULAR FUNCTION

The Science of Nourishing Healthy Cells

Citrus fruit, deep-sea fish, and nuts and seeds are packed with nutrients like vitamin C and essential fatty acids that can help keep your cells—the structural and functional units of all living organisms—healthy.

Because your cells are the primary source of your body's energy supply, USANA has created these products to optimize your cellular function and help you feel your best.

FOOD FOR THOUGHT

DID YOU KNOW USANA'S PROPRIETARY POLY C® provides high and long-lasting levels of vitamin C in the blood?

OIL FROM DEEP-SEA FISH, SUCH AS ANCHOVIES OR SALMON, provides important omega-3 fatty acids.



| CELLULAR FUNCTION

item #130

item #130
POLY C®

USANA's proprietary and advanced Poly C vitamin C supplement gives you the antioxidants you need to maintain good overall health.

PREFERRED PRICE: \$17.95



item #109
VITAMIN D

An easy way to get 1,000 IU of maximum strength vitamin D to support bone health.

PREFERRED PRICE: \$20.95



item #109

item #127

item #127
OPTOMEGA®

If meat and other animal products aren't on your menu, vegetarian Optomega may prove to be the supplement you need to keep your body balanced with the right amounts of essential fatty acids.

PREFERRED PRICE: \$30.50



item #122
BIOMEGA™

Produced from purified cold-water, deep-sea fish oil and rich in omega-3 fatty acids, BiOmega provides EPA and DHA for cardiovascular health support as well as brain function.

PREFERRED PRICE: \$24.50



item #122

“I take just about every USANA product, but for me, it all starts with the Essentials™ and BiOmega™. These are the key products that, according to me, are essential for everyone, not just for athletes. I feel like I’m in great shape, and USANA products have become a daily priority for me.”



TRENT MEACHAM

GUARD, FORWARD FOR JSF
NANTERRE



your health. your life. your way.

CARDIOVASCULAR HEALTH

The Fundamental Ingredients for Staying Young at Heart

Grapes, spinach, oily fish, walnuts, and soybeans are just a few foods that provide important nutrients to support cardiovascular health. USANA's cardiovascular Optimizers deliver the same nutrients that lie at the heart of these super foods to help promote healthy circulation, retain healthy, normal cholesterol levels, and support the production of the energy your heart needs to keep beating strong.

FOOD FOR THOUGHT

DID YOU KNOW THAT GRAPE SEED EXTRACT contains the same flavonoids found in red wine? They are believed to be one of the reasons the French people have some of the healthiest hearts despite eating a diet high in saturated fat.

item #110 **PROFLAVANOL® C¹⁰⁰**

Combines antioxidant bioflavonoids from grape seed extract with high-potency Poly C[®] to support great health, including the health of your immune and cardiovascular systems, as well as youthful-looking skin.

With a delicious grape-flavoured coating!

PREFERRED PRICE: \$46.50

item #123 **COQUINONE™ 30**

Supplies the body with highly absorbable coenzyme Q10. This is critical for generating the energy needed to power our cells, especially those in the energy-hungry heart and brain, to help you feel youthful, healthy, and energized.

PREFERRED PRICE: \$46.50



item #123



item #142

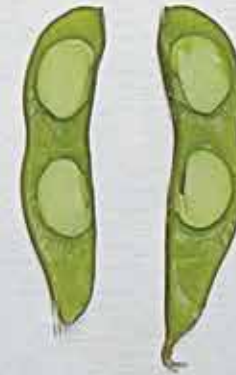
item #142 **COQUINONE™ 100**

A higher potency in CoQuinone 100 coenzyme Q10 and alpha-lipoic acid supplement means you only have to take one gel capsule per day.

PREFERRED PRICE: \$64.95



HYBRID
item #110



*The active ingredients in CoQuinone 30 and Proflavanol C¹⁰⁰ are not derived from soy or nuts.
*The ingredients shown are representative of the vitamins and nutrients found in USANA's award-winning Nutritional, Diet and Energy, and Sense[™] products.



SKELETAL SYSTEM

A Measured Approach to Keeping Your Bones and Joints Healthy

Movement is essential for survival. Your everyday health and well-being depends on the stability and strength of your skeletal system—your body's primary foundation. Support your bones and joints by giving them the nutrition they need, so you can keep moving and participating in the activities you love.

FOOD FOR THOUGHT

CURCUMIN, a yellow spice that comes from turmeric root, has many health benefits.

DID YOU KNOW USANA'S PROCOSA® joint-health supplement uses Meriva®[†] bioavailable curcumin, which has been shown to be nearly 30 times more bioavailable than traditional curcumin preparations?

[†]Meriva is a trademark of Indena S.p.A.

The ingredients shown are representative of the vitamins and nutrients found in USANA's award-winning Nutritionals, Diet and Energy, and Sense™ products.

| SKELETAL SYSTEM



item #121

item #120

item #131



item #121
**ACTIVE CALCIUM™
CHEWABLE**

Your personal bone health formula in a chewable tablet.

PREFERRED PRICE: \$23.95

item #120
ACTIVE CALCIUM PLUS™

USANA's comprehensive bone health formula for adults.

PREFERRED PRICE: \$22.95

item #131
PROCOSA®

Delivers vegetarian glucosamine HCl to help maintain healthy cartilage and joints.

PREFERRED PRICE: \$32.50



your health. your life. your way.

DIGESTIVE/DETOX

Getting to the Core of Good Health

Broccoli. Olives. Papaya. Simple foods packed with incredible ingredients like fibre, phenolic antioxidants, and plant enzymes that work together to support healthy digestion. And these ingredients are exactly what USANA scientists—along with the medical professionals at **Sanoviv Medical Institute**—research and incorporate into the most effective product formulations to help support your body's digestion and detoxification processes.



ARE YOU ONE OF THE FEW CANADIANS who get the recommended 21–38 grams of fibre in your daily diet? If you are, perhaps you're aware of how great it is for your digestive tract, or maybe you've found that it leaves you feeling full, making it easy to skip unhealthy snacks. If you're not, whether it's for a slimmer figure or pure digestive health, discover for yourself why fibre is fantastic.



| DIGESTIVE/DETOX

item #111
DIGESTIVE ENZYME

A broad range of enzymes to support efficient digestive health and help with occasional stomach discomfort after a large meal.

PREFERRED PRICE: \$35.95

item #135
HEPA PLUS®

Antioxidant supplement specifically designed to support healthy liver function and your body's natural detoxification processes.

PREFERRED PRICE: \$34.95

item #108
USANA® PROBIOTIC

(14 servings)

Temporarily modifies gut flora with a blend of good bacteria—*Bifidobacterium* BB-12® and *Lactobacillus rhamnosus* LGG®†—clinically shown to survive the harsh acidic environment of the stomach.

PREFERRED PRICE: \$30.95

item #226
FIBERGY® PLUS

(28 servings)

Fibergy Plus is a flavour-free fibre blend that is perfect for mixing in nearly any liquid or food, providing six grams of fibre per serving to support digestive health.

PREFERRED PRICE: \$26.95



†Trademarks are the property of their respective owners.



ENDOCRINE SYSTEM

*Using the Science of Natural
Extracts to
Bring Balance to Your Body*

Okay, so you'll get older—there's nothing we can do about that. But if you eat right, get plenty of sleep, and take supplements made to support your own personal needs, you may not feel older. These specialized nutritional products are made with ingredients found in milk-thistle seeds, saw palmetto, and chasteberries.

FOOD FOR THOUGHT

LICORICE ROOT, CHASTEBERRY, AND BLACK COHOSH are herbs commonly used to support women's health.

SAW PALMETTO has been used for centuries to support men's health.

| ENDOCRINE SYSTEM

item #128

PALMETTO PLUS™

Helps to relieve the urological symptoms associated with mild to moderate benign prostate hyperplasia.

PREFERRED PRICE: \$26.45



item #128



item #141



item #129

item #129

PHYTOESTRIN™

Mood swings, hot flashes, and night sweats. If that sounds familiar, it may be time to try an all-natural supplement to help relieve symptoms associated with menopause.

PREFERRED PRICE: \$25.45

item #141

PURE REST™

A fast-acting, orange-flavoured melatonin supplement that helps reset the body's sleep-wake cycle, an aspect of circadian rhythm.

PREFERRED PRICE: \$13.50

“As an athlete, nothing is more important than taking care of your body and making sure that you have everything you need to ensure optimal performance on a daily basis. USANA offers athletes safe and effective supplements that are essential in sustaining energy levels and overall health and wellness.”

The pictured athlete is a dedicated user who has received compensation for her partnership and/or complimentary USANA products.



MEAGHAN MIKKELSON
2014 WINTER GAMES GOLD MEDALIST

NERVOUS SYSTEM

*Feed Your Network to
Stay Sharp and Focused*

Your brain, spinal cord, and nerves are all connected—like a network—and they all work together, collecting and processing information from inside and outside your body. This network, generally referred to as your nervous system, is responsible for relaying messages to and from the brain and different parts of your body and making connections that affect the way you see, think, and behave.

item #134
VISIONEX™

Designed to help maintain healthy visual performance and promote healthy eyes. Reduces the risk of cataracts and age-related macular degeneration.

PREFERRED PRICE: \$37.95

item #126
GINKGO-PS™

Designed to support acute memory function and cognition.

PREFERRED PRICE: \$39.95

item #126

item #134



your health. your life. your way.

SPECIALTY

The Science of Supplementation

A varied diet that includes healthful fruits, vegetables, and lean meats is important for everyone—at every age. And for those who would like some different options, USANA's specialty supplements make it easy to get the best possible nutrition every day.

The ingredients shown are representative of the vitamins and nutrients found in USANA's award-winning Nutritionals, Diet and Energy, and Sense™ products.



| SPECIALTY

item #104
BODY ROX™

Between late-night cram sessions, school activities, and a hectic social life, young adults can't afford to slow down. Give them the vitamins and minerals they need to be at their best every day.

With a tasty fruit-flavoured coating!

PREFERRED PRICE: \$23.95

item #105
USANIMALS™

A broad-spectrum vitamin and mineral formulation for the maintenance of good health.

With a delicious wild berry flavour!

PREFERRED PRICE: \$17.95

item #144
BIOMEGA™ JR.

(14 servings)

BiOmega Jr. makes it fun and easy for kids to get the DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid) they need to support healthy minds and bodies.

Delectable orange-pineapple gel fortified with vitamin D! For best results, store in the refrigerator and serve cold.

PREFERRED PRICE: \$17.50

item #105

item #144

item #104





DIET & ENERGY

Science Meets Delicious

Everyone wants to eat healthy, but in the fast-paced world we all live in, healthy eating doesn't necessarily come easy. USANA scientists have isolated the most delicious, nutritious ingredients and used them to create meal replacement shakes, energy drinks, and snacks to suit your busy lifestyle. Our Diet products are a healthy option for when you're on the go. Our Rev3 Energy™ products are free from artificial sweeteners, preservatives, and colours.

FOOD FOR THOUGHT

NUTRIMEAL™ FREE is made with vegetable-based protein, including a unique blend that contains pea protein isolate.

REV3 ENERGY™ DRINK contains pomegranate and other natural flavours.



item #202



item #211



item #209

NUTRIMEAL™

EAT HEALTHY. IT'S EASY!

Nutrimeal shakes are nutritionally balanced meal replacements that provide a healthy ratio of carbs, proteins, and beneficial fats to help maintain and support a healthy weight. They are designed to deliver sustained energy and help curb cravings.

item #202 CHOCOLATE WHEY

(9 servings)

Contains a healthy balance of proteins, carbs, and fats to promote muscle growth.

Gluten free†

PREFERRED PRICE: \$34.95

item #211 FRENCH VANILLA

(9 servings)

Protein blend

Gluten free†

PREFERRED PRICE: \$28.95

item #209 NUTRIMEAL™ FREE

(9 servings)

Plant-based, nutritious, and containing 16 grams of protein, Nutrimeal Free is pleasantly delicious and far from overbearing.

Fructose free

Soy free†

Dairy free†

Gluten free†

Vegetarian friendly

PREFERRED PRICE: \$34.95

item #212 WILD STRAWBERRY

(9 servings)

Protein blend

Gluten free†

PREFERRED PRICE: \$28.95

item #210 DUTCH CHOCOLATE

(9 servings)

Protein blend

Gluten free†

PREFERRED PRICE: \$28.95



item #212

item #210

†For our customers sensitive to gluten: No gluten-containing ingredients are used in these products. However, they are produced in a facility that manufactures other foods that do contain gluten.

*These products are produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

BERRY NUTTY™

Mother Nature...Gone Wild

FINALLY—the whole foods bar your taste buds have been dreaming about. The one that brings all your favourite ingredients to the party. From raw almonds and cashews to delicious dried cherries and cranberries, this little bar delivers big flavour. And the best part? It's all natural. Yep. No fluff, and no artificial ingredients. Just sweet, mouthwatering gifts from Mother Nature.

SOY FREE[†] | DAIRY FREE[†] | GLUTEN FREE[†]
LOW SODIUM | NON-GMO

PROTEIN: 4 g
CALORIES: 160
FIBRE: 8 g

item #238

BERRY NUTTY™ NUTRITION BAR

(14 bars)

PREFERRED PRICE: \$39.95

item #238



| USANA'S DELICIOUS PROTEIN SNACKS

Have you ever been tempted to reach for a not-so-healthy snack, only to hesitate when you thought of your waistline? Achieving an ideal weight doesn't mean you have to deprive yourself. These delectable gluten-free[†] snacks will give you all the indulgence you crave with some extra benefits to boot!

item #236

item #235

*item
#237*



item #235
CHOCO CHIP™

(14 bars)

This soft and chewy chocolate chip Protein Snack will give you the same comfort as your home-baked snacks, without the guilt.

PROTEIN: 11 g
CALORIES: 160
FAT: 5 g

PREFERRED PRICE : \$32.95

item #236
PEANUTTY BLISS™

(14 bars)

When you want big peanut butter flavour, reach for this delicious Protein Snack loaded with rich peanut butter chips and topped with an amazingly smooth peanut butter icing.

PROTEIN: 11 g
CALORIES: 160
FAT: 6 g

PREFERRED PRICE: \$32.95

item #237
FUDGE DELITE™

(14 bars)

This luxurious, soft-baked Protein Snack will give you all the chocolaty taste you've been craving with rich chocolate chips baked right in.

PROTEIN: 12 g
CALORIES: 180
FAT: 6 g

PREFERRED PRICE: \$32.95

[†]No gluten or eggs are used in these products. However, they are manufactured on equipment that also processes products containing wheat, milk, eggs, soybeans, peanuts, and tree nuts.

| REV3 ENERGY™

This powerful energy drink packs a clean, crisp taste and is the smart source of that extra oomph you need to push through your workout...or the afternoon.

item #139

REV3 ENERGY™ SURGE PACK

(14 stick packs with free chalk bag)

PREFERRED PRICE: \$36.95

item #139

REV3 ENERGY™ SURGE PACK REFILL

(28 stick packs)

PREFERRED PRICE: \$59.95



WHAT SEPARATES REV3 FROM OTHER ENERGY DRINKS?

- Complete and proprietary Energy Complex with tea, ginseng, rhodiola, cacao, and coenzyme Q10.
- Contains no artificial flavours, artificial sweeteners, artificial preservatives, or artificial colours.
- Contains caffeine from a blend of teas.
- Provides vitamins and antioxidants.



item #138

item #138

REV3 ENERGY™ DRINK

(12 cans)

PREFERRED PRICE: \$29.95

| POSITIVE CHOICES. POSITIVE RESULTS.



item #251

It's no secret that the key to effective weight management is making positive changes in your diet and exercise habits. However, making those healthy lifestyle changes can often seem like an insurmountable task. With that in mind, USANA scientists developed the 5-Day RESET™ KIT, complete with meal replacements that are designed to help you make a clean break from fatty foods and start making better choices for your health.

item #251
5-DAY RESET™ KIT

This delicious variety pack includes: 15 servings of Nutrimeal™, 10 Protein Snacks, 5 AM/PM HealthPak™ packets, 1 RESET program guide, and 1 #RESETNATION bracelet.

PREFERRED PRICE: \$95.00



It is suggested that you take these products to your physician and secure his or her advice if you intend to change your diet, begin an exercise program, are pregnant or lactating, have allergies, are taking medications, or are under the care of a physician. The components of the USANA RESET 5-Day Kit are FOODS, not DRUGS. As with any health or fitness program, a sensible eating plan and regular exercise are required in order to achieve long-term weight-loss results. Results will vary. The average weight loss with RESET is 4.5-5 lb. in five days.

“Eating right can be really difficult. We don’t always have the time to make a healthy meal. The Nutrimeal™ shakes and Protein Snacks make it easy. My weight management wasn’t a big secret; it was a lifestyle change. The RESET™ weight-management system eliminated my yo-yo diet phase.”

MICHELLE HOPKINS
RESET CHALLENGE WINNER

LOST 44 POUNDS
(22% BODY WEIGHT)





your health. your life. your way.

SENSÉ™ BEAUTIFUL SCIENCE®

Capture the Glow of Health

Dedicated to those looking to enhance their health *and* beauty, USANA created **Sensé Beautiful Science**, a comprehensive approach to skin care. Made from purified natural botanical extracts and topical nutrition complexes, **Sensé** is formulated to revitalize individual cells—where healthy skin begins. When cells are properly nourished and protected, you can expect beautiful results.

Each product is developed with groundbreaking, patented Self-Preserving Technology, meaning they stay fresh naturally. With regular use, skin is visibly transformed.

FOOD FOR THOUGHT

GRAPE-SEED EXTRACT is the core ingredient of USANA's proprietary Proflavanol-T topical antioxidant.

ALOE in Daytime Protective Emulsion is soothing and hydrating.

PAPAYA ENZYMES help naturally exfoliate the skin in Rice Bran Polisher.



THE BASICS

item #300

GENTLE DAILY CLEANSER

This mild, soap-free formula washes away surface dirt and impurities without drying or irritating the skin.

PREFERRED PRICE: \$16.30

item #301

HYDRATING TONER

After cleansing, restore skin's pH balance with this gentle, revitalizing toner.

PREFERRED PRICE: \$16.30

item #302

DAYTIME PROTECTIVE EMULSION

Restore and protect against aging with this lightweight moisturizer enriched with light-activated Regenisomes™.

PREFERRED PRICE: \$39.50

item #303

NIGHT RENEWAL CRÈME

Smooth the appearance of wrinkles and wake up to hydrated skin with this overnight treatment.

PREFERRED PRICE: \$34.75

item #351

BASIC PACK

Get all of the Sensé basics in one convenient pack with the Basic Pack.

PREFERRED PRICE: \$88.25

item #350

DELUXE PACK

The Deluxe Pack includes: Gentle Daily Cleanser, Hydrating Toner, Daytime Protective Emulsion, Night Renewal Crème, Eye Nourisher, Rice Bran Polisher, Nutritious Crème Masque, and your choice of Perfecting Essence or Serum Intensive.

PREFERRED PRICE: \$177.50



item #307
RICE BRAN POLISHER

Exfoliate dead skin cells and keep your complexion looking radiant with this gentle scrub.

PREFERRED PRICE: \$16.30

item
 #307



| THE ENHANCERS

item #308
**NUTRITIOUS
 CRÈME MASQUE**

This powerful facial treatment is designed to deliver intense moisture while drawing excess oils and impurities from the skin.

PREFERRED PRICE:
 \$20.35

item
 #308



item #306

item #306
EYE NOURISHER

Give special care to the delicate skin around the eyes with this lightweight moisturizing complex.

PREFERRED PRICE: \$27.50



item #304
SERUM INTENSIVE

This brightening serum dramatically minimizes the appearance of fine lines and wrinkles, and helps retexturize skin's surface.

PREFERRED PRICE: \$45.50

item #304



item
 #399

item #305
PERFECTING ESSENCE

Reveal younger-looking skin and reduce uneven skin tone and texture with this acid-free refining treatment.

PREFERRED PRICE: \$50.95

item #399
**NATURAL WHITENING
 TOOTHPASTE**

USANA's Natural Whitening Toothpaste is naturally formulated to protect your beautiful smile all year round by removing plaque, cleaning teeth, and fighting the bacteria that causes bad breath.

PREFERRED PRICE: \$9.15

item
 #305



| SENSE™ BODY CARE

item #354
HAIR & BODY PACK

All your necessary body care products in one pack, so you always look radiant from head to toe.

PREFERRED PRICE: \$83.60



item #311

item #311
ENERGIZING SHOWER GEL

Revitalize skin with this soap-free cleansing gel enhanced with an invigorating tangerine fragrance.

PREFERRED PRICE: \$17.30

item #312

item #313

item #312
REVITALIZING SHAMPOO

Awaken your senses with this gentle shampoo that delivers vital nutrients to help restore hair's natural softness, body, and shine.

PREFERRED PRICE: \$17.30

item #313
NOURISHING CONDITIONER

Moisturize and strengthen hair with a conditioner enriched with vitamins C and E for manageability and shine.

PREFERRED PRICE: \$18.35



item #315

item #314

item #315
INTENSIVE HAND THERAPY

Moisturize dry skin and combat the damaging effects of the environment with this concentrated hand cream. Smooth rough skin and keep cuticles soft for happy, healthy hands.

PREFERRED PRICE: \$15.25

item #314
FIRMING BODY NOURISHER

Moisturize and tone skin with the exclusive hydroxy complex in this firming body lotion.

PREFERRED PRICE: \$22.95

“I honestly believe
USANA’s products
help me perform at
my best. Through
better nutrition, I have
become a better athlete.
Thank you USANA!”

The pictured athlete is a dedicated user who has received compensation for his partnership
and/or complimentary USANA products.



PASCAL MARTINOT LAGARDE

2012 AND 2013 FRANCE CHAMPION ELITE (60 METRE HURDLES)
2010 WORLD JUNIOR CHAMPION (110 METRE HURDLES)



| TESTING WITH A SCIENTIFIC TEAM

More than 60 USANA scientists, chemists, and microbiologists around the world are tasked with the rigorous job of testing product ingredients—starting with the raw materials when they enter the in-house manufacturing facilities. Paperwork is checked, a visual inspection is performed, and a representative material sample is collected and sent to the lab.

continued...

Every sample goes through microbiological, contamination, potency, and physical testing. Most ingredients also go through specific testing to ensure they meet United States Pharmacopeia (USP) standards for things like purity, solubility, and density to make sure what's on the label is in the product—and nothing else.

EXCEEDING THE STANDARD

USANA complies with the highest standards of the nutritional supplement industry, and its Salt Lake City facility is also a U.S. Food and Drug Administration (FDA) registered facility. Although FDA guidelines for nutritional supplements don't force manufacturers to test every ingredient in every lot, USANA does. This ensures that when you receive your USANA products, you're receiving the very best supplements possible.

**It isn't the industry standard.
It's the USANA standard.**

“This is our house.
This is our business.
And nobody is going
to take care of it if
we don't.”



DR. JOHN CUOMO
EXECUTIVE DIRECTOR OF PRODUCT
DEVELOPMENT AND TECHNOLOGIES

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Circle One



USANA

USANA Canada Company
80 Innovation Drive
Woodbridge, ON L4H 0T2 CANADA
(801) 954-7100 • fax (801) 954-7300

TOLL-FREE CUSTOMER SERVICE
(888) 950-9595

Customer Service (801) 954-7200



Item# SA519.020112

Rev. 07/14

For more information about the USANA products and opportunity,
contact your Independent USANA Associate.



CHAMPIONS
CHOOSE  **USANA**