



PHOENIX ALLIANCE

PROSPERING TOGETHER THROUGH NETWORKING AND TRAINING

Scientific Advisory Council

Representing health-care professionals worldwide who recommend USANA products to their patients, USANA's Scientific Advisory Council is comprised of independent USANA Associates who provide USANA with valuable insights into product applications and efficacy, as well as feedback on how well the products work and how best to promote human health.



Chairperson Peter W. Rugg, M.D., FACEP

Dr. Peter Rugg is board certified in internal medicine and emergency medicine and is a Fellow of the American College of Emergency Physicians. He works with athletes to improve conditioning, performance, and endurance; and he regularly lectures on optimal nutrition, lifestyle enhancement, and the connection between nutrition and prevention of degenerative diseases.



Monica Lewis, MB ChB

Dr. Monica Lewis takes a holistic approach to treating and preventing chronic and hormonal issues by addressing well being for the whole person, which encompasses a number of lifestyle factors, including nutritional supplementation, along with the best of conventional medicine. She has co-authored a series of books with her cardiologist husband, Dr. Gerald Lewis, in the «Fad, Fable or Fact?» series, including Dietary Supplements, Your Heart-An Owner's Manual, and CANCER-A Threat To Your Life? Or A Chance To Take Control Of Your Future? She regularly speaks on a wide range of health topics.



Bart Moore, M.D., M.PH., FAAFP, ABPNS

is a Fellow of the American Academy of Family Physicians and is also certified by the American Board of Physician Nutrition Specialists. He is a Diplomate of the American Board of Anti-Aging Medicine and holds a Master's degree in Public Health. He practices nutritional/preventive medicine in Walla Walla, Washington, and enjoys giving physician and community presentations on a wide variety of health and lifestyle issues.



Christine Wood, M.D., FAAP

A practicing pediatrician and author of How to Get Kids to Eat Great & Love It, Dr. Christine Wood is an expert in nutritional medicine for children and speaks on healthy lifestyles to parents worldwide. She has been featured in several magazines, television, and radio programs; and she is active in addressing childhood obesity with schools, parents, and health professionals.



Heather Tick M.A., M.D., CAFCI, DipAAPM

Dr. Heather Tick is a leading physician, author, speaker, and researcher specializing in holistic approaches to treating chronic pain and promoting healthy aging. She is a Clinical Assistant Professor and Director of the Integrative Pain Clinic at the University of Arizona and Director of Integrative Pain Treatment Centers in Tucson and Toronto.